



Stage 4 Risk Assessment Modified Training

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TEMPLATE COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap. This template cover training only; if participating in or organising a league or other competition, the Stage 4a (Competition using modified rules) must be used.

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball's latest guidance.

Our club name: Sarisbury Sparks Allstars	Our COVID-19 Officer is: Rachael Wilkie (Lead)
Name of activity: Netball Training	This activity takes place at : <i>Hook-with Warsash Primary School</i>
Who is carrying out this assessment? Coaches/Covid Officers	We will review this risk assessment next on: as guidelines change
Date of the Risk Assessment 9th September 2020	Or 1st November 2020

What are the Risks?	Who might they affect?	General controls to be put in place	Activity specific controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
For some people, the risk of COVID-19 is higher	Players, coaches, officials, volunteers, parents	<p>High risks groups are aware of the risks involved in netball and have access to the personal risk assessment</p> <p>Participants have the choice if they would like to attend sessions and 'opt in' to activity</p> <p>There is no pressure from coaches, club volunteers or other players to join Netball training</p>	<p>Share the personal risk assessment with all players</p> <p>Ask all players to 'opt in' each week</p> <p>No member will be penalised for not playing under</p>	<p>Players</p> <p>Players</p> <p>Coaches and any club volunteers</p>	15 th September 2020	

		sessions	current circumstances			
Someone returns to soon following a case of COVID-19	Players	<p>Players are aware of the risks of exercising post a case of COVID-19.</p> <p>Players advised to follow the advice of their GP or Consultant</p>	Ask player to not return to training until fit and well enough to do so and following government guidance.	Covid-19 officers	Ad Hoc	
Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms	Players, coaches, officials, volunteers, parents	<p>Provide clear information to all members of potential COVID-19 symptoms</p> <p>Ensure pre-travel health screening is undertaken prior to travelling to activity</p> <p>Undertaken a further health screening before entry into session</p> <p>Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119</p>	Anyone showing symptoms at a session will be asked to take themselves home or wait in an isolated area until they can be collected	Coaches/Covid-19 Officers	Ad Hoc	
Transport to and from activity	Players, coaches, officials, volunteers, parents	<p>Car sharing outside of household is not permitted</p> <p>Adherence to Government guidance on travel and public transport</p>		Players, coaches, officials, volunteers, parents	Every week	On Going

Droplet transmission	Players, coaches, officials, volunteers, parents, members of public at venue	Gaps scheduled between groups	Sessions will be planned to take in to account social distancing and new modifications	Coaches	During each session and every week	
		Maximum of 30 people per netball court (inc players and coaches/volunteers/officials)	One-way system for registration, sign in and collection	Covid-19 officers	Every week, during sessions	
		Reminders to maintain social distancing on arrival at venue	Parents have been advised	Parents, players, coaches	Every week	
		Congregating before or after netball training session is not permitted.	Enter via gate to right of the school and leave via the gate near the school hall to avoid mixing of groups	Covid Officer	All sessions	
		One way systems in place to manage entry and exit onto court (juniors only)	EN Track & Trace in force as well as hard copy registers each week	Players, Covid officers	Every session, every week	
		Signage and floor marking in place, if necessary.		Players, officials, coaches	All netball sessions	
		Name & contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles)		Coaches	All sessions	
All netball activity uses COVID-19 rule modifications						
Beginner players continuously						

		<p>reminded of modifications</p> <p>Circle players reminded more regularly</p> <p>Match officials, team bench and scorers positioned at least 2m apart or 1m+ where this is not possible.</p> <p>Parents and spectators remain socially distanced and gather in groups of no more than six and can not stay on court during the sessions.</p> <p>Shouting is not permitted.</p>		<p>Coaches</p> <p>Officials</p> <p>Covid Officers</p> <p>Coaches</p>	<p>All sessions</p> <p>Every session</p> <p>Every session</p>	
<p>Fomite transmission via surfaces in venue</p>	<p>Players, coaches, officials, volunteers, parents, members of public at venue</p>	<p>Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)</p> <p>Confirm with venue operator rigorous and regular cleaning processes are in place.</p> <p>Confirm with venue operator rigorous cleaning procedures for high contact touch points are in</p>	<p>Wipe down posts with anti-bac wipes at end of session</p>	<p>Coaches</p>	<p>Every week</p>	

		<p>place</p> <p>Regular disinfection of such heavily used areas</p> <p>Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility.</p>				
Fomite transmission via equipment	Players, coaches, officials, volunteers and parents	Hand hygiene protocols in place prior to attendance and upon arrival	Hand sanitiser on arrival	Covid officers, players, coaches	Every session	
		Encourage players to bring their own ball if possible				
		Hand sanitiser and wipes to be available during sessions	All available at every session	Coaches	Every session	
		All equipment including posts to be sanitised before and after each training sessions	All balls, cones are sanitised before each session.	Coaches	Every session	
		Bibs washed prior to each sessions and not shared if possible	Bibs are washed each week and tucked in to waistbands rather than worn if sharing is needed	Coaches, players	Every session	
Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes	Hands sanitised at appropriate break	Coaches, players	Every session			

		<p>Sanitise post if players touches before play resumes</p> <p>Water bottles and whistles must not be shared and any left at end of session should be disposed of</p> <p>Suitable waste facilities available to dispose wipes and sanitisation materials</p>		<p>Coaches, players</p> <p>Coaches, players</p> <p>Coaches</p>		
Airborne transmission	<p>Players, coaches, officials, volunteers and parents</p>	<p>Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.</p> <p>If indoor facilities are the only available option, the following must be in place;</p> <p>Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.</p> <p>Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.</p> <p>Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees e.g. first aider</p>	<p>All Sparks training is on outdoor courts</p>		<p>All sessions</p>	

		Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed				
Activity and common netball behaviours	Players, coaches, officials, volunteers and parents	<p>Sessions are planned with Stage 4 rule modifications including warm ups and small sided games</p> <p>At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules</p> <p>Modifications and non permitted common netball behaviours are communicated prior to activity commencing</p> <p>Players are briefed again at the beginning of sessions</p> <p>Beginner players and circle players are prompted more frequently</p> <p>Activity is planned appropriately after a substantial break from the game to reduce risk of injury</p>	Coaches to plan sessions accordingly each week	Coaches	Every week	
Junior players and vulnerable	Junior players, vulnerable	Clear and regular reminders of rule modifications during session		Coaches	Every session	

<p>adults</p>	<p>adults, parents of junior players and/or vulnerable adults</p>	<p>Increase regularity of social distancing and rule modifications reminders for the youngest players (U11's)</p> <p>Practices and coaching aids to demonstrate required distances</p> <p>Use of assistant coaches and other adults to remind junior players</p>				
<p>Toilets and changing rooms</p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly</p> <p>Players arrive ready to play, use of changing room is not permitted</p> <p>Thorough hand washing after use of toilet facilities is encouraged</p> <p>Hand sanitiser to be available on courts so use of toilets is not needed for hand washing</p>	<p>Toilets unavailable</p>			
<p>An injury is sustained whilst social distancing is in place</p>	<p>Players, coaches, officials, first aider</p>	<p>Hands to be sanitised before and after</p> <p>First aid to be administered with non-surgical face mask and gloves</p>		<p>First Aiders</p>	<p>Ad hoc</p>	

		<p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p> <p>Ensure any waste is disposed of safely</p>				
<p>Breaches to Government and England Netball guidance</p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Information shared in advance to avoid unintentional breaches</p> <p>Player reminders in place</p> <p>Persistent, intentional breaches dealt with via club disciplinary process</p> <p>Review activities after each session to identify any further adaptations that are required</p> <p>If activity cannot be safely managed, cease activity</p>		<p>Coaches, players</p>	<p>Every session</p>	